

# Course Schedule

## 2019

|          |             |                 |                       |            |          |
|----------|-------------|-----------------|-----------------------|------------|----------|
| Saturday | 16 November | Lisa Bradshaw   | HIP Pilates™ REFORMER | 1230pm-6pm | £ 250.00 |
| Sunday   | 24 November | Lisa Bradshaw   | The Springboard       | 9am-5pm    | £ 250.00 |
| Sunday   | 1 December  | Magnus Ringberg | Movement 360 Degrees  | 10am-3pm   | £ 250.00 |

## 2020

|          |             |               |  |              |          |
|----------|-------------|---------------|--|--------------|----------|
| Saturday | 11 January  | Lisa Bradshaw | Introductory Reformer - Day 1          | 1230pm-530pm | £ 750.00 |
| Sunday   | 12 January  | Lisa Bradshaw | Introductory Reformer - Day 2          | 9am-4pm      |          |
| Sunday   | 2 February  | Lisa Bradshaw | Introductory Reformer - Day 3          | 9am-4pm      |          |
| Sunday   | 1 March     | Lisa Bradshaw | Introductory Reformer - Day 4          | 9am-4pm      |          |
| Sunday   | 26 January  | Lisa Bradshaw | The Ultimate Matwork: Classical Series | 9am-5pm      | £ 250.00 |
| Saturday | 8 February  | Lisa Bradshaw | HIP Pilates™ Matwork Foundation        | 11am-4pm     | £ 250.00 |
| Sunday   | 16 February | Lisa Bradshaw | Progressive Reformer 3                 | 1030am-530pm | £ 250.00 |
| Saturday | 7 March     | Lisa Bradshaw | HIP Pilates™ REFORMER                  | 1230pm-6pm   | £ 250.00 |
| Sunday   | 8 March     | Lisa Bradshaw | The Springboard                        | 9am-5pm      | £ 250.00 |
| Saturday | 9 May       | Lisa Bradshaw | The Complete Chair - Day 1             | 1030am-430pm | £ 450.00 |
| Sunday   | 10 May      | Lisa Bradshaw | The Complete Chair - Day 2             | 9am-4pm      |          |
| Saturday | 16 May      | Lisa Bradshaw | Introductory Reformer - Day 1          | 1230pm-530pm | £ 750.00 |
| Sunday   | 17 May      | Lisa Bradshaw | Introductory Reformer - Day 2          | 9am-4pm      |          |
| Sunday   | 14 June     | Lisa Bradshaw | Introductory Reformer - Day 3          | 9am-4pm      |          |
| Sunday   | 5 July      | Lisa Bradshaw | Introductory Reformer - Day 4          | 9am-4pm      |          |
| Saturday | 11 July     | Lisa Bradshaw | Classical Reformer - Day 1             | 1230pm-530pm | £ 750.00 |
| Sunday   | 12 July     | Lisa Bradshaw | Classical Reformer - Day 2             | 9am-4pm      |          |
| Saturday | 25 July     | Lisa Bradshaw | Classical Reformer - Day 3             | 9am-4pm      |          |
| Sunday   | 26 July     | Lisa Bradshaw | Classical Reformer - Day 4             | 9am-4pm      |          |